



OHTLI  
SPA

# Touch Therapies

## *Touch Therapies*

### Sensorial Swedish

50 min. \$115    80 min. \$145

*Featuring a traditional Swedish massage technique, this full body treatment uses warm massage oils infused with a choice of a single note essential oil. Select from uplifting local grapefruit, orange, tangerine and lemon blended with citric essential oils.*

### Yelapa Touch Therapy

50 min. \$125

*A light touch therapy with deeply relaxing benefits, this balancing therapy integrates Huichol Shamanistic meditation with western polarity therapy for a profound journey into a peaceful and relaxed state of mind. As the rich scent of copal incense fills the air, your therapist guides you through conscious breathing and into deep relaxation.*

### Rosemary-Peppermint Therapeutic

50 min. \$125    80 min. \$155

*Deeply penetrating deep tissue work massages away stiff, sore and tired muscles. Rosemary stimulates circulation and the peppermint soothes and cools muscle tissue.*

### Coco-Lima Effleurage

50 min. \$115

*A lighter touch massage, this therapy is meant to warm the skin allowing the hydrating coconut oils to penetrate and soften. The fragrant lime energizes and tightens the skin for a fresh appearance and reduces the appearance of dimpling and uneven tones.*

### Piña-Mango Firming

50 min. \$140

*Essences of pineapple combine with mango to create a tightening and toning oil blend. Combined with our specialized firming massage of gentle kneading and acupuncture; this therapy will soften muscle tissue while creating a fresh toned skin appearance.*

### Reflexology

25 min. \$80    50 min. \$110

*An application of pressure point massage, this ancient healing technique applies pressure to the reflexes on the soles of the feet to release tension and fatigue and improve the body's physical balance.*

Prices are in American dollars and include 15% Tax (I.V.A.).

Gratuity is at your discretion.

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## Soft Shiatsu Spa

50 min. \$125

*Immerse your senses into a journey of ancient Japanese acupressure techniques which through energy balancing will revitalize and enhance your overall well being.*

## Fire Opal Balancing Stone Therapy

80 min. \$170

*The dramatic Mexican Fire Opal is said to stimulate circulation and provide energy during stressful times. This session begins with a traditional Huichol ensalmo (incantation) for peace. The therapist then cleanses your body and spirit, through placement of healing fire opals. As the opals transfer their positive energy through your body, the therapist uses smooth warm basalt stones to provide a deeply relaxing massage. The combination of therapies and sensations will clear the mind and relax the body at once.*

## Thai

80 min. \$145

*Thai massage is an ancient therapeutic procedure which provides relaxation; balance in various body centers, healthy blood circulation, and an overall manipulation of the physical form and structure of the body. Thai massage work pressure points, energy lines, and basic body forces which together produce a highly therapeutic effect.*

## Rebirth Therapy

50 min. \$140

*The essence of this therapy is the healing power of water. Performed in a pool of warm water this contemporary, healing therapy is focused on meditation and relaxation. During the session, your therapist will guide you through a series of soft, rhythmic movements that gently relax your mind, muscle tissue and joints. Throughout the treatment your therapist synchronizes the movements with your breathing, allowing you to gradually drift into a meditative state. As the treatment progresses, physical and emotional tension are released, revitalizing and rejuvenating your entire being. In just one treatment you will notice an improved feeling of relaxation. With regular treatments, you will experience increased flexibility and strengthened immune system.*

## Legs or Back Massage

25 min. \$65

*Great as a relaxing therapy or as an addition to other therapies such as hydrotherapy or facials, this massage focuses on specific areas of the body that always seem to require a little more attention.*

## Two in Love

50 min. \$200 80 min. \$230

*When you find the perfect person for you, you want to share time together. Enjoy this romantic massage, incorporating a mix of roses and cinnamon essence to inspire love and happiness.*

## Mother To Be Massage

50 min. \$110

*A soft and gentle massage developed specifically for pregnant women. Through this massage mothers and babies will enjoy a revitalizing experience and embrace a spiritual union.*

# Body Treatments

## *Body Treatments*

### **Lemon-Basil Scalp & Body Therapy**

50 min. \$115

*A luxurious warm oil scalp treatment begins this service. A heated essential oil blend of clarifying lemon and deep conditioning basil in a moisturizing coconut oil base is gently massaged into the scalp and hair. As the oil penetrates the scalp and restores the hair. A relaxing aromatic body massage is provided. The oils may be rinsed following the therapy or left in overnight for the deep conditioning.*

### **Agave Syrup. Cornmeal & Sea Salt Scrub**

25 min. \$75

*Gentle exfoliation with some of nature's most plentiful and powerful resources smooth the body and leave behind fresh radiant skin. The light grains of cornmeal and coarse sea salt remove dead skin cells while the agave syrup and light coconut oil base seals in moisture and soothes the skin.*

### **Honey Hibiscus Cocoon**

50 min. \$125

*A super hydrating and fragrant body masque. This therapy wraps envelopes your body in a sweet cocoon of honey infused moisturizing cream and with a natural fiber brush, a generous application of sweet body cream is applied. A cocoon of warm blankets envelopes your body to open the pores and absorb maximum hydration.*

### **Grapefruit Mango Body Treatment**

50 min. \$135

*A warm lather of mango and grapefruit is hand applied with lightly exfoliating natural ingredients. Following a warm water rinse, rich mango butter combined with the crisp scent of fresh Mexican grapefruit is worked into the body for nourishing and deeply hydrating skin therapy.*

### **Hydrating Tequila Coconut for your skin**

50 min. \$135

*Recover hydration and moisture with this duo of Tequila and Coconut*

## Aromatic/Anti-cellulite Wrap

60 min. \$135

*The perfect combination of essential oils with a draining or firming massage, restores the flexibility of tissues and improves their appearance. A plastifying mask is applied to enhance the benefits, finishing and finish with a specific contouring body cream.*

## Earth Gifts

50 min. \$125

*Embrace the wonders of nature with this deeply hydrating body wrap. Aloe is well known for its healing properties and combined with a natural cell renewer the balance to your skin will be restored.*

## Chocolate Indulgence

60 min. \$120

*Discover this ancient recipe made with indigenous ingredients as Cocoa seeds, highly appreciated by our ancestors. Natural cell renewers and antioxidant elements are combined to create a journey to the past.*

## Clarity Bath

45 min. \$120

*Immerse in a deep relaxation of mind and body. A full body scrub will remove dead cells from your skin leaving it soft and fresh. Clarity will come as you soak in a warm blend of rosemary, peppermint and sage.*

## Champagne and Roses

45 min. \$120

*This sumptuous experience with a mix of champagne crystals and rose petals will relax and soften your skin.*

## Chocolate Soak

45 min. \$120

*Your therapist will pamper you with a full body chocolate scrub followed by the benefits of hydrotherapy and the delightful aroma of chocolate.*

## Soothing Rain Massage

45 min. \$120

*A combination of temperatures, gentle warm rain and cold marble stones, will awaken your immune system, improve blood circulation and reaffirm tissues.*

## Sun Overexposure

50 min. \$105

*This magnificent combination of soothing ichy rain, aloe wrap and scalp and face massage will restore elasticity and moisture while leaving you completely refreshed..*



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# Skin Care Enhancements

## *Skin Care Enhancements*

### Deep Hydrating TX

50 min. \$130

*Restores moisture to de hydrated skin, returns elasticity and natural glow.*

### Teen Facial

45 min. \$105

*Basic care for cleaning, refreshing and moisturizing young skin after sun exposure 16 and up.*

### Liftosome "Instant Beauty"

60 min. \$115

*A natural method to restore skin elasticity and reaffirm features. A thermal mask based on orange extracts and vitamin C, molds the features and shapes the contours regenerating new elastic tissue. At the end of the treatment, the beauty therapist removes the mask to reveal a remarkably younger face.*

### Aromatic

60 min. \$115

*This facial treatment takes you on a wonderful voyage, to serene beauty. A gentle facial is enhanced by pressure points techniques with essential oils suited to your skin type. A customized mask with plant concentrates answers to your beauty objectives. Your skin will be visibly more beautiful. Replenished with the vital energy of essential oils.*

### Hydradermie

80 min. \$145

*This customized facial was created to lift features through muscle stimulation. The draining effect detoxifies skin, lifts the epidermis and oxygenates the complexion. A variety of gels designed for every skin need are applied which work through ionization. Finishing with a facial massage and skin specific cream.*

### Just for Him

50 min. \$110

*First impressions are everything. Moisture and modify your skin with this facial specifically designed for men's special needs.*

# IYARI Suite

## *Iyari Suite*

### COUPLES

#### Vows Renewal Ritual

2 hrs. 50 min. \$450 per person

*Beginning with a foot rinse in warm water and flower petals, a cleansing aromatic session in the steam room prepares your body for a sea salt and essence scrub to remove dead cells and awake the skin. Relax your body, unwind your mind with a side by side warm obsidian stones massage. The ritual ends with the joining together of the couple's hands with a red ribbon, signifying infinite and universal love. A carved double heart in obsidian stone will preserve this moment forever. Continue enjoying this moment together in the couples Jacuzzi soaked flower petals and essential oils.*

### SOCIAL SPA

#### SPA Girls Get-away

2 hrs. \$225 per person min. 3 people

*Pampering and fun! Let's have a girls day enjoying a relaxing back massage, choose classic manicure or pedicure and feel energized after soaking in the Jacuzzi. A selection of smoothies will complete this wonderful moment.*

#### Men's SPA Escape

5 hrs. \$325 per person min. 2 people

*Relaxation at its best! Enjoy a 50 minutes sport massage, a facial specially designed for men, that will leave healthy and matified skin soothe your feet after a long day with our sports pedicure. Hang around and enjoy a steam bath, Jacuzzi and tasty smoothies.*

### BRIDES

5 hrs. \$325

*Relax and enjoy this special day. We will anticipate all your needs to give you the beginning of unforgettable memories. The hydrating Facial prepares the skin for a long lasting make up application and bride's hair styling manicure and pedicure will complete the look. Bring your gown and shoes to be get ready for a beautiful life.*

## NAILS

<i>Beauty Manicure</i>	45 min. \$30
<i>Casa Magna Spa Manicure</i>	60 min. \$50
<i>Beauty Pedicure</i>	45 min. \$50
<i>CM Warm Stones Pedicure</i>	45 min. \$60
<i>Casa Magna Spa Pedicure</i>	75 min. \$72
<i>French Add On</i>	\$5
<i>Polish Change</i>	\$10
<i>Gel / Acrylic Nails Full Set</i>	90 min. \$55
<i>Gel / Acrylic Nails Refill</i>	60 min. \$25
<i>Fix a Nail</i>	\$12
<i>Acrylic Removal and Buffing</i>	45 min. \$45

## HAIR AND DESIGN

<i>Ladies cut and style</i>	\$45
<i>Shampoo Set</i>	\$40
<i>Shampoo &amp; Blow Dry</i>	\$45
<i>Straight</i>	\$45
<i>Up Do</i>	\$75
<i>Shampoo &amp; Iron Curls</i>	\$55
<i>Brides Style</i>	\$85
<i>Brides Style Trial</i>	\$45
<i>Braids All Head</i>	Since: \$55
<i>Braids Half Head</i>	\$40
<i>French Braids</i>	\$27

## GENTLEMEN

<i>Gentleman cut and style</i>	\$25
<i>Gentleman Shampoo Set</i>	\$25

## HAIR &amp; SCALP TREATMENTS

<i>Nourishing Treatment</i>	\$40
<i>Balancing</i>	\$40

## COLOR

<i>Restorative</i>	\$40
<i>Single process</i>	\$70
<i>Double process</i>	\$85
<i>Highlights</i>	Short Hair \$70 Long Hair \$85
<i>Corrective Color</i>	\$95

## MAKE UP

<i>Special Occasion Make up</i>	\$60
<i>Brides Make Up</i>	\$75
<i>Brides Make Up Trial</i>	\$75

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## WAXING

Half Leg	\$ 35
Full Leg	\$ 57
Arm	\$ 35
Bikini	\$ 35
Under Arm	\$ 18
Eyebrows Design	\$ 18
Upper Lip	\$ 18
Full Face	\$ 28
Full Back or Chest Regular	\$ 45
Full Back or Chest Abundant	\$ 60

## PARAFFIN

Hand or Feet	\$ 15
Back Calming Treatment	\$ 35

## SPA Kids

*Spa Kids*

## NAILS

### STARGLITTER MANICURE

25 min. \$ 16

*Soft hands massage, buffing with gloss and decals choice, a princess basic.*

### MORE GLOSS

\$ 5

*Polish change with decals*

### PINKY CLUB PEDICURE

30 min. \$ 29

*Choose your favorite "ice cream color" on this fun and soft pedicure. Color and decals, and you are ready to show a great look on sandals.*

### MOM & DAUGHTER PEDICURE

30 min. \$ 59

*Enjoy together this wonderful experience. A picture of both of you will be given at the end.*

## HAIR TRENDS

### KIDSCUT & STYLE

\$ 19

*Just get the look*

### CUTTIE PIE BRAIDS

\$ 29

*Hit the beach with your new look!*

### FANTASY DO

Aprox. 2 hrs. \$ 65

*Special occasion? Reveal yourself with a glittery look*

### BE THE STAR!

Aprox. 2 hrs. \$ 65

*From head to toes get pampered and be the star of the day. Choose your color and decals on manicure and pedicure. Hair style or tiara braids, lip gloss and glitter on you face!*

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## HOW TO SPA

Gym Hours	6:00 a.m. - 11:00 p.m. Daily
SPA Ladies & Gentlemen Facilities Hours	7:00 a.m. - 9:00 p.m. Daily
SPA Treatments and Salon Services Hours	8:00 a.m. - 8:00 p.m. Daily

### Daily Hotel Guest Membership

Daily fee for CasaMagna Guest	\$15
3 days passport	\$38
5 days passport	\$48
Daily fee for Gym use Outside Guests	\$25
Daily fee for All SPA Facilities use Outside Guests	\$50
Daily fee waived for Casa Magna Guest with any 30 min Spa or Salon service	

No charge daily fee for non- CasaMagna Guest with minimum of 1 hr spa service (excludes Spa Salon)

Daily guest membership includes unlimited use of "ojos de agua" whirlpools, cold plunge, roman tub, reflexology foot whirlpool, Saunas, Swiss Shower, Press shower, relaxation lounges, private lockers, Spa Wardrobe (bathrobes, slippers), heated indoor lap pool, body and beauty amenities, and fitness room.

### Age Requirement

The Spa is an adult-oriented atmosphere for adults over the age of 16.

A waiver will be requested to sign by the custodian in the case of young adults 16-17. Young adults required to be accompanied by custodian in all times during their stay at the SPA. Kids & Teens from 6 to 15 years old can enjoy services at the beauty salon as well to participate in tennis.

### Cell Phones and Tobacco

To preserve our tranquil setting, cell phones and tobacco are not allowed.

### Spa Reservations/Cancellations

General Information/Scheduling: 11-52 (322) 226-0000 ext. 6244

Reservation Hours: 6:00am - 11:00pm

Reservations are subject to availability. We recommend that you schedule your spa treatment/services at least 1 day in advance so that we can meet your scheduling requests. A credit card will be required to guarantee services at the time of booking. A 4-hours cancellation notice is required to avoid a full price charge for any scheduled services.

### How to Enjoy OHTLI SPA

These are answers to most frequently asked questions and will help you to get the most out of your OHTLI SPA experience

#### 1. What should I wear?

The commonly Spa attire, we will provide is a robe and slippers, which can be worn throughout the entire Spa experience. You will need to bring your own bathing suit and athletic shoes for the use of our facilities. To maintain an atmosphere of relaxation, please leave pagers and cellular phones at home, or turned off during your stay. Please don't wear watch or jewelry

#### 2. May I request a male or female therapist?

Yes. All of our therapists are sensitive to guests feeling comfortable during treatments. Appropriate draping practices are always observed. We suggest you wear only your robe and slippers. However, if comfortable, undergarments may be worn.

#### 3. What if I need to cancel my appointment?

At times it may be necessary for you to cancel your Spa or Salon appointments. Please notify us 4 hours in advance to avoid being charged full price for any pre-booked service.

#### 4. How early should I arrive?

To enjoy the full value of your spa experience, we suggest that you arrive a minimum of 30 minutes prior to your first appointment to allow us time to familiarize you with our facility. To begin your relaxation, we also recommend use of our showers, steam and sauna rooms before your services. Arriving late will shorten the precious minutes of your Spa treatment. Remember, your treatment will end on time so that our next guest isn't delayed, regardless of how late you start.

#### 5. Is tipping appropriate?

Yes. A general guideline would be between 10 and 20%.

#### 6. What if I have specific health consideration?

Be sure to notify our Spa Reception or Front Desk before booking your treatment if you have high blood pressure, allergies, sunburn, other physical ailments or disabilities, or if you are pregnant.

#### 7. Is the Spa for me if I'm pregnant?

Yes, even though you should avoid using deep heat or pressure. We would like to recommend our Mother to Be Massage. Please inquire about appropriate facials and body treatments.

#### 8. Does the Spa have Gift Certificates?

Yes. You may purchase gift certificates from the SPA front desk.

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CHTLI SPA

CasaMagna Marriott Puerto Vallarta Resort & SPA

Tel. (322) 226-0000 Ext. 6244